

# kilimanjaro summit climb, tanzania



At 5,895m, Mt. Kilimanjaro is one of the largest volcanoes ever to break through the Earth's crust. Your challenge is to reach its summit!

Your trek starts in the rainforests of Lemosho Glades and heads upwards as you acclimatise on Shira Plateau. From here you will catch a glimpse of your goal, Kibo, Kilimanjaro's main ice-capped peak. You continue via the beautiful Southern Flank, Barranco Wall and Barafu Route.

Temperatures drop at night, allowing you to enjoy the crisp cool air under the star-studded African skies. During the days you'll rise higher; often looking down on a sea of clouds.

The expedition has been carefully planned to ensure that you acclimatise as much as possible to the altitude and your chances of making it to the summit are maximised. Our operations teams have one of the highest success rates of trekkers reaching the summit, but don't underestimate the challenge ahead.

On the final night before the summit climb you shall need to rise at around midnight to commence the final trek in the moonlight up the scree slopes to Stella Point. Your aim is to reach this point by dawn and continue around the rim to the highest point, Uhuru Peak. This is likely to be the toughest day that most trekkers have ever experienced, involving 1,295m of ascent, 2,145m of descent, and 12-15 hours walking.

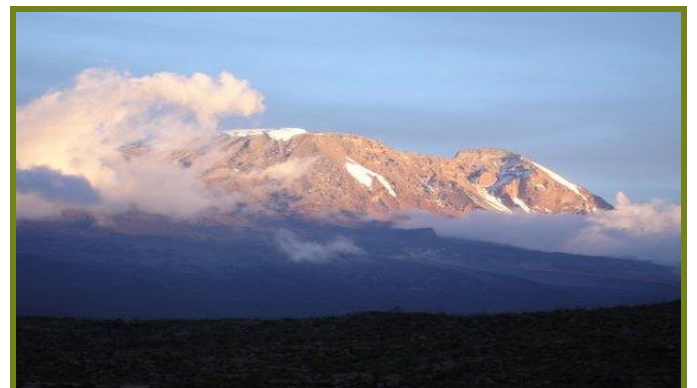
## Day 1: Depart from UK to Kenya

Our Charity Challenge representative will be there to assist you with the check-in and any last minute questions.



## Day 2: Transfer to Arusha

Subject to availability you will connect with an internal flight to Kilimanjaro airport or transfer overland across Kenya. If you transfer overland you will transfer by bus (approx 4hrs) across Kenya to Namanga Border. Once through the border into Tanzania you will continue your journey for approx another 2hrs until you arrive at your hotel in Arusha where you will enjoy a welcome lunch. This evening you will have your briefing and kit check. Overnight and dinner in a hotel in Arusha.



### Day 3: Rainforest Trek (2,800m)

This morning you will register at the main gate of the National Park before being driven to Lemosho Glades where you start the 3-5hr trek at 1,981m through the rainforest to Big Tree Camp at around 2,800m. This is an unspoilt and exciting route, which takes the climb to true wilderness zones. Your trek today will be along a little used track known as Chamber's Route. In places the vegetation is so undisturbed by humans that it grows right across the narrow track. Flora and fauna are richer here than on other more well-trodden routes through the rain forest. Dinner and overnight at Big Tree Camp (or nearby in the rain forest).



### Day 4: Acclimatisation Trek (3,500m)

Today is a full days trek with a height gain of over 600m, taking you to a lunch stop at a beautiful valley just outside the Shira Crater at around 3,050m. After lunch you cross into the Shira Caldera, a high altitude desert plateau rarely visited by man. Shira is the third of Kilimanjaro's volcanic cones. It is filled with the lava flow from Kibo and its rim has eroded and been blasted away by weather and volcanic action. You will camp and have dinner at Shira One (3,500m). Today expect the first close views of Kibo the dramatic summit cone of Kilimanjaro! Approx trekking time 7-8 hrs.

### Day 5: Shira Plateau (3,800m)

Today consists of a 5-6hr trek east across Shira Plateau to Shira Two via Shira Cathedral (3,880m). The views from the top of this ridge are spectacular. Those with vertigo should take care. Overnight dinner and camp at Shira Two which is located at around 3,800m.

### Day 6: To the North Flank & Moir Hut (4,200m)

Today an interesting diversion to the North West flank of Kilimanjaro, a zone where very few people visit. Your destination is Moir Hut (13780ft. /4200mts.). A strange refuge hut was built here by the Sheffield University Mountaineering club.

Now blasted by wind and rain it forms a rather basic shelter for the support team; and you will camp in tents as normal. In the afternoon it is worth taking a guided trek up the nearby Lent Group - a series of wind-eroded parasite cones and ridges from whose upper slopes you can gaze down to the plains of Kenya in the north. You may be lucky and see the elusive and rare Kilimanjaro eland (a long haired antelope) high in these remote uplands.

Wear good boots and take waterproofs, water and snacks for this half day trek and be prepared to scramble on the slopes of the Lent Group (15400ft. /4700mts.). Today's trek will take approximately 7 hrs including the visit to the Lent Group.

### Day 7: Southern Flank (3,900m)

Today you will be crossing the Southern flank, passing down the Barranco Valley to the camp at Barranco Wall. Here you will camp and have dinner at 3,900m and only 210m higher than your previous night's camp at Shira Two, but the walk will have taken you to 4,440m and over the ridge or to 4,550m and over Lava Tower offering valuable altitude acclimatisation. The camp at Barranco is one of the most spectacular on Kilimanjaro, with views of Mount Meru and the valleys below. Today's trek will take approximately 7-10hrs.

### Day 8: Barranco Wall and the Karanga Valley (3,900m)

Early morning you will start with a climb up Barranco Wall (4,170m) with an immediate height gain of 200m to admire the views of Mount Meru and the plains far below. You will continue across the ridges and valleys to Karanga Camp at 3900m, where you will have lunch. This day should take approx 4-6hrs. In the afternoon there will be an important optional trek up the scree slopes towards the southern ice fields. Again, this acclimatisation walk is highly recommended, and will aid your chance of summit success. Overnight at the Karanga Camp.

### Day 9: Barafu Ridge (4,600m)

After breakfast you will trek up to the Barafu Ridge Camp (4,600m). The 3-5hr trek up to Barafu Ridge Camp is tough due to the altitude. You should reach the camp well ahead of most other climbers on this route because they will mainly be starting from further back at the Barranco Camp. Depending on your condition either take an afternoon rest or a short acclimatisation walk to a higher point and then return. You will have an early dinner and rest until midnight, when you commence your push for the summit.



### Day 10: Summit Day (5,895m)

You will need to rise at around midnight (if you've managed to get some sleep!) to commence the trek up the scree slopes to Stella Point, continuing around the rim to the highest point Uhuru Point. It can seem mild at first but as you reach the exposed ridges, wind chill causes the temperature to plummet. First light is apparent around 0530hrs and this really gives you hope to push on upwards. You should reach Stella Point (5,750m) - on the crater rim just after dawn; then after a short rest continue for another hour or so round to Uhuru Point. After reaching Kilimanjaro's summit (5,895m) and having enjoyed the amazing views, you will continue via Stella Point. You descend the scree slopes via Barafu Ridge Camp for a few hours rest and then on to Millennium Camp (3,750m). This is to be the toughest day that most trekkers have ever experienced, involving 1,295m of ascent, 2,145m of descent, and 12-15hrs walking. It is however Victory Day! You will have a final camp meal and overnight at Millennium Camp. There is the possibility of a coke and a beer at this camp!



### Day 11: Descend to Mweka Gate

Today you will start early and walk down through the beautiful rainforest to Mweka Gate. This is a long walk-off on a pretty, gently sloping track that takes you from the lower heath into the rainforest and finally down to the farms and plantations near Kidia. The path continues for 5-7hrs until you reach the gate for a picnic lunch, presentation of National Park certificates and triumphant photos. After lunch you will be driven to your hotel (approx 2hrs) in Arusha for a well-appreciated shower and a large, celebratory dinner.



### Day 12: Depart Tanzania to UK

This afternoon you will transfer back to Nairobi airport (approx 4-6hrs overland or via an internal flight from Kilimanjaro to Nairobi) for your flight to the UK.

### Day 13: Arrive Home

Arrive in the UK.

*"A rewarding and incredible experience never to be forgotten, with an amazing group of people who will always be in my heart"*

N.B. The itinerary is there as a guide and may change due to unusual weather patterns, wildlife movements, the strength of the group and so on. We will do our very best to keep to the set itinerary however we cannot be held responsible for any last minute changes that might occur. In all such circumstances, your expedition leader will have the final say.

Should you suffer from vertigo, it is worth considering that on most mountain treks there will be occasional exposure to sheer drops. Therefore you should discuss the particular itinerary of your choice with a member of our team.

### Optional Tarangire, Ngorongoro and Lake Manyara Safari Extension

#### Day 12: Safari in Tarangire

After breakfast you will head west out of Arusha on a drive (approx 1.5hr) to Tarangire National Park. Tarangire boasts a vast number of baobabs that first capture the eye as you enter Tarangire National Park. The gently rolling countryside is dotted with these majestic trees, which seem to dwarf the animals that feed beneath them. Tarangire National Park covers approximately 2,600sq kms and, in the dry season, is second only to Ngorongoro Crater Conservation Area in concentrations of wildlife. The park is spectacular in the dry season when many of the migratory wildlife species come back to the permanent waters of Tarangire River. Huge herds of elephants gather to stay in Tarangire until the onset of the rains when they migrate again to new grazing areas. Overnight at a lodge or luxury tented camp on a full board basis.

#### Day 13: Ngorongoro Crater

This morning you will take a drive to Ngorongoro Crater with a picnic lunch in the Crater, followed by an afternoon of top class game viewing. Ngorongoro Crater is the Eighth Wonder of the World. The Ngorongoro Conservation Area is remarkable for the Ngorongoro Crater itself. Twelve miles wide, it is the world's largest intact caldera. Before its collapse two million years ago, the volcano is believed to have been higher than Mount Kilimanjaro. Its grassland covered plains and forested rim is the habitat of herds of elephant. The grassy crater floor is home to buffalo, wildebeest, zebra, gazelle, and hartebeest as well as the endangered black rhino. Hippos wallow in the marshes and ponds. Lion, hyena, and jackal are common. Birdlife is prolific. Dinner and overnight at lodge or tented camp on a full board basis



### Day 14: Lake Manyara

In the morning you will visit Lake Manyara Park, it offers a blend of woodland, open bush, and lake. The Mahogany and Sausage Trees are alive with blue monkeys and vervets. Elephants feed off fallen fruit while bushbuck, waterbuck, baboons, aardvark, civet, the shy pangolin and leopard, all make their home in the forest. Lake Manyara is a magnet for birdlife and a kaleidoscope of different species can be found around its shores, including huge flocks of flamingos.

The large variety of mammals, reptiles, birds and the different types of vegetation, all within a small area make Lake Manyara a diverse and particularly memorable place to visit. In the afternoon you will be transferred to Arusha for your last night in Tanzania. Overnight and dinner at a hotel in Arusha.



### Day 15: Depart Tanzania to UK

After a leisurely breakfast you will get the shuttle bus transfer to Nairobi airport where you board your flight to London.

### Day 16: Arrive Home

Arrive in the UK.

**Cost:** £695 per person sharing (based on 2 or more people in twin accommodation. NB: there must be a minimum of 2 persons for this extension to run.)

### Included

- Park fees
- Services of qualified English-speaking driver/guide
- 4WD vehicle
- All meals on safari
- All accommodation based on lodges or luxury tented camps. Rooms are very spacious and comfortable.

### Excluded

- Personal expenses (ie: gifts, extra soft drinks or alcohol, laundry etc)
- Tips for local team (We recommend you allow \$15 per person for tipping your safari driver/ guide)

If you would like to book the above extension or have any extension enquiries please call the Charity Challenge office on 020 8557 0000 or email [flights@charitychallenge.com](mailto:flights@charitychallenge.com). All bookings are subject to availability and group booking limitations. We therefore ask you to consider your travel plans **as soon as possible** and if you want to extend your challenge, please put in your request immediately at London Kathmandu routings are extremely busy.