TRIP NOTES

BELIEVE ACHIEVE INSPIRE

KILIMANJARO SUMMIT CLIMB - LEMOSHO ROUTE TANZANIA

Wed 14 Oct - Sun 25 Oct 2015

In aid of MS Society

14 Oct - 25 Oct 2015

12 DAYS | TANZANIA | EXTREME

At a colossal 5,895m, Mt. Kilimanjaro is one of the largest volcanoes to ever break through the Earth's crust. Our challenge is to clamber above the sea of clouds to its summit. We begin in the lush rainforests of the Lemosho Glades, climbing towards the Shira Plateau – is the perfect spot to acclimatise. From here we can see our goal: the ice-capped peak of Kibo. We follow the impressive Southern Flank, Barranco Wall and Barafu Route to the summit. Our groups have excellent success rates (96%) for reaching the summit, however Kilimanjaro – with its 1,000m ascent and 2,000m descent – is not to be underestimated. This is one of the toughest but most exhilarating adventures you will ever embark on.

- Summit the world's highest freestanding mountain
- Get off the beaten track on our uncrowded route to the peak
- Trek through five different unspoilt eco-systems
- Gaze at star-studded Tanzanian skies
- Walk above an endless ocean of clouds

YOUR CHALLENGE DAY BY DAY

DAY 1 *Wed 14 Oct*

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International departure from London

The big day is finally here and everyone's feeling a mixture of nerves and excitement as they meet up at Heathrow Airport for the long-awaited flight to Tanzania.

DAY 2 *Thu 15 Oct*

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Flight to Kilimanjaro airport, transfer to hotel

We touch down in Ethiopia or Kenya for our internal flight to Kilimanajaro. Here we meet our local Charity Challenge representative who will transfer us to our hotel for a welcome lunch. Tonight we'll have a team dinner, briefing and kit check before getting our heads down for our challenge tomorrow.

DAY 3 *Fri 16 Oct*

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Lemosho Glades, 1,981m, to Big Tree Camp, 2,800m (approximately 3-5 hours)

The day starts at the main gate of the national park for registration, before we drive on to Lemosho Glades at 1,981m. The trekking challenge begins on a little-used path through the rainforest wilderness called Chamber's Route. At points, the terrain becomes quite tough where the vegetation completely invades the path. The first night of camping will be spent in or near the rainforest.

DAY 4 *Sat 17 Oct*

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Acclimatisation trek to Shira One, 3,500m (approximately 7-8 hours)

The morning is taken up with a climb of over 600m in altitude to an incredible valley just outside the Shira Crater at 3,050m. After stopping here for lunch, we cross into the Shira Caldera, a high altitude desert plateau. Our camp tonight is at Shira One (3,500m), one of Kilimanjaro's three volcanic cones. From here we catch our first close look of Kibo, the dramatic summit.

DAY 5 *Sun 18 Oct*

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Shira Plateau to Shira Two, 3,800m (approximately 5-6 hours trek)

Rise and shine early to head east across the Shira Plateau. Along the way we pass the Shira Cathedral (3,880m) before reaching our final destination: Shira Two (3,800m). The views from the ridge are spectacular, though you will need a good head for heights! The night will be spent here above the clouds.

DAY 6 *Mon 19 Oct*

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Southern Flank, 3,900m, to Barranco, 3,900m (approximately 7-10 hours)

Today we tackle the Southern Flank, heading up to 4,500m over the Lava Tower. The route then passes down

through the Barranco Valley, which is dotted with remarkable plant life including giant Dendrosenecios. We continue on to one of the mountain's most spectacular beauty spots: the Barranco Wall. With views over Mount Meru and the expansive valleys below, this point at 3,900m will be our campsite.

DAY 7 *Tue 20 Oct*

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Barranco Wall and the Karanga Valley, 3,900m (approximately 4-6 hours)

Summon up all your energy for this morning's climb up the Barranco Wall – an immediate height gain of more than 200m. Continuing over valleys and ridges we arrive triumphant at Karanga camp for lunch. This afternoon we have an optional but recommended trek to the scree slopes towards the southern ice fields. Tonight we return to Karanga Camp for dinner and another night under the African sky.

DAY 8 *Wed 21 Oct*

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Barafu Ridge, 4,600m, and summit preparation

After breakfast we'll trek to Barafu Ridge Camp (4,600m) – a tough walk made all the more difficult by the altitude. Yet we have the advantage over other climbers, who mostly set off from Barranco. Take the afternoon to either rest or join a short acclimatisation walk to a higher point. Dinner will be followed by a very early night, ahead of the midnight departure.

DAY 9 *Thu 22 Oct*

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Summit day: Uhuru Point, 5,895m (approximately 12-15 hours)

We begin at midnight, climbing the scree slopes to Stella Point (5,750m). Temperatures plummet due to the wind chill. The sun begins to rise at 5:30am, providing the necessary inspiration. We aim to reach Stella Point just after dawn. Then, after a short rest, we head for Uhuru Point at 5,895m. Descend victorious via Barafu Ridge Camp towards Millennium camp at 3,750m, where the celebratory drinks await!

DAY 10 *Fri 23 Oct*

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Descend to Mweka Gate through Kidia (approximately 5-7 hours)

It's an early start for our final day trekking to Mweka Gate. This is a long walk on a pretty, sloping track into the rainforest and down to the plantations near Kidia. The path continues for up to seven hours until the gate where we stop for lunch and team photos. After lunch you will be driven to see our Tanzanian community partners – Pamoja Tunaweza Boys & Girls Club where you will see first-hand where your donations are going to and you have a chance to purchase unique club-made souvenirs. Then it's a two-hour drive back to our hotel for a celebratory dinner.

DAY 11 *Sat 24 Oct*

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Depart Tanzania to UK

We wave goodbye to Tanzania, having completed an incredible challenge and forged some strong friendships along the way. Feeling elated, the flight home is a great time to reflect on the achievement and swap details with our

amazing teammates.

DAY 12 *Sun 25 Oct*

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Arrive home

Saying goodbye will not be easy, but the memories we've made together will stay with us forever.

NB

The itinerary is there as a guide and may change due to unusual weather patterns, wildlife movements, the strength of the group, and so on. We will do our very best to keep to the set itinerary, however we cannot be held responsible for any last minute changes that might occur. In all such circumstances, your expedition leader will have the final say.

Should you suffer from vertigo, it is worth considering that on most mountain treks there will be occasional exposure to sheer drops. You should therefore discuss the particular itinerary of your choice with a member of our team.

HOW TO FUND YOUR CHALLENGE

This page provides you details of the costs of your challenge.
The costs below are per person.

SELF FUNDER

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Pay a registration fee of £499.00 when you book
Then a balance of £2105.00 (8 weeks before your challenge)
Raise as much as you can for your charity.

MINIMUM SPONSORSHIP

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Registration fee of £499.00 when you book
Raise a minimum of £3800.00 for your charity.

FLEXI

-

Registration fee of £499.00 when you book
Then £499.00 towards challenge costs (8 weeks before your challenge)
Raise a minimum of £2918.00 for your charity.

WHAT'S INCLUDED

Before you go

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- Access to your own password protected account including support materials and training schedules
- Risk assessment and emergency management planning
- Public liability insurance
- Discount on personal equipment from The Outdoor Shop, Outdoorhire, Cotswold Outdoor and Nomad Travel Stores
- Access to "ask the expert" re your kit requirements
- Access to training weekends (optional and at additional expense)
- Warm up exercise routines
- 16 and 20 week trek/bike training schedule
- Fitness training notes
- Sponsorship forms (online and hard copy)
- Template press release
- A-Z of fundraising ideas
- Support materials (itinerary, kit list, fact file, Q&As, health notes, travel tips, responsible travel policy and guidance)
- Fundraising advice

On your challenge

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- International flights to and from the UK (including all known UK air taxes, and fuel surcharges, at the time of costing)
- Internal road and air transfers as per the itinerary
- Accommodation during the challenge (usually in twin share)
- Three meals a day (unless otherwise stated in the itinerary)
- Drinking water on challenge days
- Entrance fees to national parks or other places of interest visited on the itinerary
- All ground staff including English speaking guide, drivers, cooks, and porters
- Full back-up support including first-aid qualified staff and first-aid supplies
- Activity equipment such as bikes, tents and rafts as per the challenge activity
- A donation to a community project in one of the countries in which we operate
- A contribution towards funding the reduction of carbon emissions through Climate Care's portfolio of award winning projects
- A Charity Challenge T-Shirt
- All challenge management before, during and post event

WHAT'S NOT INCLUDED

Before you go

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- Travel to and from the UK airport of departure
- Visa
- Vaccinations (please check Trip Notes for requirements)
- Travel Insurance (you can buy at time of booking or in your Account Area, or provide your own policy details)
- Clothing and equipment listed on your Kit List

On your challenge

-

- Tips
- Departure Tax (if applicable)
- Personal spending money
- Any other specific items listed as not included in your Trip Notes

THE DETAILS

Fundraising deadlines	You will need to send your sponsorship money to the charity as you raise it. At least 80% of the minimum sponsorship required must be sent to the charity 10 weeks before departure (by 05/08/2015), and the remaining 20% within 4 weeks of completing the challenge (by 22/11/2015). If you have raised the necessary funds, the charity will then pay the balance of your challenge costs. The charity benefits by keeping the remaining sponsorship money and every pound over and above that you raise.
Prices include all known air taxes	We include ALL known air taxes (including fuel) at the time of costing. Many companies do not include air taxes at all, and clients are therefore hit with a surcharge of three or four hundreds of pounds just before departure. Our aim is to provide you with transparent pricing and clear instructions as to what is included in our prices and if applicable what isn't.
Typical group size	The typical group size is 20 - 28 participants
Small group supplement	The costs and sponsorship levels on our website are based on a minimum of 20 participants. We can run this trip with 16-19 people, but there will be a small group supplement of £75. This is payable by your charity if you book under the Minimum Sponsorship or Flexi options, and by yourself if you choose the Self Funder option. We will notify you 12 weeks before departure if this is necessary.

Optional extras	Business class upgrades* Travel insurance Single room supplements* Extensions at end of trip* Trek/bike training weekends* (*subject to availability)
Travel insurance	Your safety when travelling with Charity Challenge is our main concern, which is why it is a booking condition that you have a suitable travel insurance policy, which covers you for the adventurous nature of your challenge, the activities you are undertaking, and the altitudes. We have chosen to partner with specialist travel insurance providers Campbell Irvine, who offer cover for an extensive number of adventurous activities. Cover is available directly from Campbell Irvine for most European residents and includes cover for emergency medical and repatriation and for your cancellation or curtailment of the challenge. Full details including costs may be found at https://www.campbellirvine.com/charitychallenge.

Gifts or clothes for the locals

It is extremely beneficial for the local porters and guides if you are able to donate any leftover outdoor clothing or equipment after the challenge as this is hard to come by and expensive for them in Tanzania. At the end of the challenge you will be given the opportunity to leave any kit to the team which will be greatly received.

Challenge Training

If you would like to get a feel for our challenges ahead of your departure, why not consider booking on a 1 or 2 day UK Challenge?

We have a variety of challenges, covering all levels of difficulty, taking place in stunning National Parks across the UK that are led by highly qualified and experienced expedition and mountain leaders. These challenges will give you the perfect opportunity to monitor fitness levels, test out your kit, meet people in the great outdoors, share fundraising stories and gain valuable advice and support for the challenge ahead. We encourage participants to make use of our highly knowledgeable leaders and ask them any questions you may have about clothing and equipment, expedition health and wellbeing, trekking skills, walking techniques and teamwork!

We are offering all participants **50% off** the registration fee when you book on one of the UK challenges listed via the link below. Just use the code **TRAINING** when booking. T&C's – you must have an active booking on a challenge to avail of this offer. Discount cannot be used in conjunction with any other offer. Find out more here

Training

A good level of fitness is definitely required, as this challenge is graded 'Extreme', due to the basic facilities, high altitude, long days and rough terrain. Don't forget the impact of temperature extremes and high altitude; and remember that you will be trekking for a number of days. Anyone who leads a fairly active and moderately healthy lifestyle should be OK, but the more you exercise before the challenge, the more you will get out of it. See Fitness Training section.

- Training tips for the Kilimanjaro challenge:
- Endurance training should be your primary focus.
- Ensure that you get some training walks done in the mountains of the UK to familiarise yourself with walking on rugged terrain.
- Carry a full daypack while training, and steadily add more weight
- Join one of our training weekends! Read more about our training weekends by clicking here.

Emergencies

There will be a trained doctor following you on this trek with a full emergency medical kit if required. If you are unable to continue the climb, you will be sent down with a porter where you can seek additional medical attention at the local hospital if needed. The doctors at this hospital are very well trained in dealing with altitude related illnesses as well as trekking injuries. However, please be understanding of the fact that facilities in this part of Africa will not compare to those that you are used to at home.

Safety advice

Charity Challenge considers the safety of all of its participants and staff to be a top priority, and as such we have set up one of the most advanced and thorough safety management systems in the industry. In a nutshell, Our Challenge Safe brand formalises our ethos when it comes to safety, and brings together the procedures and risk management strategies that we use to audit all aspects of our challenges, from vehicles to accommodation to the activity itself. Your welfare is paramount!
In terms of your Kilimanjaro Summit Climb, there are a couple of important points that you should be aware of:

- You will be trekking to an altitude of 5895, and altitude trekking carries it's own risks.
- Emergency evacuation to a hospital may take upwards of 8 hours, depending on your location on the mountain
- You will be sleeping in temperatures of down to -15 degrees

Phone and WiFi

There is wi-fi at the hotel at the beginning and end, but not on the mountain. Phone signal is available in town, but virtually non-existent on the mountain.

There is no opportunity to recharge any electrical equipment during the trek, but if you want to bring a solar charger these can work well to charge phones. There are charge points in your rooms at the hotel.

Toilets

In the camps you will have toilet tents set up by your ground team, these contain chemical toilets. You can also use the long drops provided by the National Parks agency, which are very basic and not monitored regularly. Your camp team will provide washing bowls of warm water as you arrive at camp at the end of the days trekking, you will need bio-degradable soap for washing with. You should take plenty of toilet paper and wet wipes with you as well as anti-bacterial hand gel. Please note there are no showers whilst you are on the trek.

Clothing and equipment

Good quality, durable kit could mean the difference between a fantastic challenge experience and an uncomfortable one. For this challenge, waterproof, well-worn in boots will be indispensable, particularly coupled with some really good quality walking socks. You don't need a clean pair every day, but enough to make sure you have dry socks each morning. The benefits of a comfortable day sack cannot be underestimated, so make sure that you train with this. Other essentials are high quality gore-tex waterproof and windproof jackets and trousers, technical/wicking t-shirts rather than cotton shirts, and a down jacket for the evenings in camp and your summit day/night. A full kit list for this challenge can be found here, and once you book you will have access to kit discounts with our partners The Outdoor Shop, Outdoorhire and Cotswold Outdoor.

Food & Drink

There will be a hot breakfast (eg: porridge, eggs, toast, tea and coffee) to start the day, a packed lunch on the

mountain or at your camp and a filling hot meal in the evening (eg: soup, followed by rice, potato or pasta and sauce, and usually fruit for dessert.) There will be ample drinking water, as we will be filling up from local water sources. All the water is boiled so iodine drops or tablets are optional whilst trekking. If you do happen to use water from the stream or from hotels it may be best to purify it first. The porters will collect water each morning and evening for drinking and cooking. Please let Charity Challenge know prior to departure if you have any specific dietary requirements or allergies.

Do we need to take our own sleeping bags and mats?

Yes, it would certainly help your chances of a comfortable night's sleep if you bring a good thermarest-sleeping mat, you are not provided with one in Tanzania. You will also need to bring a warm sleeping bag (four seasons with fleece liner) as temperatures do drop at night time. Also see Kit List.

Accommodation

You will be camping on the mountain in two person tents, which will be supplied and erected by the ground team. Before and after your climb, you will be staying in more comfortable accommodation at a lodge in Arusha or Marangu. If you are travelling with a friend or partner who you wish to share with, please let Charity Challenge know in advance.

What happens if I fall ill, can't keep up or there is an emergency?

The event is not run as a race and there is always a large discrepancy in people's walking ability. This is allowed for. There will be a staff member at the back of the group at all times to ensure that you are not left behind and can take things at your own pace. If you are unable to continue on foot, you will be carried off the mountain. If you are climbing via our western approach routes, then we are able to get a 4x4 up to the Shira Plateau (3,800m) to take you down. There is a hospital at Marangu and Moshi, which is situated at the beginning of the popular routes. Quality medical services are available in Nairobi.

Typical day

During the trek you will be walking for 6-8 hours. Depending on the weather and the day, rest/water stops will be set up regularly, where you can regroup, rest and relax while drinking water and eating your snacks. Lunch will be a packed lunch stopping in a reasonable spot. You will get to your campsite in the afternoon where you can relax, have a hot drink and eat your dinner in the mess tent.

Level of Difficulty

The Kilimanjaro challenge is graded as "extreme". Summit night in particular is a gruelling experience that will test you both mentally and physically. You should not undertake this challenge without significant training.

You can tell your supporters that on your Kilimanjaro trek you will be:

- Trekking for around 6-8 hours per day.
- Battling the altitude on the mountain up to the summit of 5895m.
- Arising before dawn and trekking through the night on summit day.
- Experiencing nightly temperatures of down to -15 degrees.
- Sleeping in a tent for 7 nights

Responsible Tourism

At Charity Challenge we are committed to sustainable and responsible tourism, and work closely with bodies such as the International Porter Protection Group and Climate Care to ensure that our challenges benefit the local environments and communities in which they take place. We ensure that all rubbish is disposed of responsibly, and following local guidelines on cultural and environmental protection and respect, we aim to limit our impact on the natural environment. In addition to taking these practical steps to ensure that our challenges are sustainable, we also make a contribution each year to a number of local community projects, so as to give something back directly to the communities that we visit. Since 2000 we have donated almost £200,000 to such projects, supporting a range of initiatives, including schooling for children in Africa, shelter for street children in Brazil, and Orang-utan conservation in Indonesia. We recommend that any gifts brought over for children are given to the UK challenge leader and distributed where needed by them and our local Ground Agent. If you wish to do more, you should consider buying drinks, postcards and souvenirs from the local vendors. For many, it is their sole source of income. For more information, please visit our Responsible Tourism pages, where you will be able to view a list of the projects that we currently support.

Luggage allowance and valuables

As no formal clothes are needed, luggage should be kept to the absolute minimum – details of what to pack are provided in your Kit List. You will need to carry a daypack during the day while the porters carry your main rucksack. Your day sack should have a capacity of 30-35 litres. NB: You should take a soft-sided bag or rucksack for the porters to carry as they often carry luggage on their heads and hard suitcases are too unwieldy, please do not bring a bag with hard sides or wheels. Your main pack should be 70-90 litres capacity. The maximum weight each porter will carry is 15kgs and your luggage will be weighed at the gate before commencing the climb. If you have more than 15kg an extra porter will need to be hired and could cost up to an extra $100. If you are on our extension you can leave clothes at the lodge and collect them on your return (please ensure you have a locked bag to leave them in). On your outward journey, please wear your trekking gear, hiking boots, and carry a spare change of clothing in your hand luggage.

While we will do everything to provide adequate safety for the group and security for your possessions, the general rule is that if you don't need it, don't bring it. This includes jewellery, necklaces, rings and even watches. Your passport
and money should be kept on you at all times. Your main luggage should not contain valuables and items not required on the mountain. You can leave non valuables at the lodge, to be returned to you once you have climbed the mountain, however we advise you not to leave any valuable items in your bag at the lodge or in your main bag these should be kept on you at all times.

Terrain

The terrain on Kilimanjaro varies. Where the lower altitude trekking takes place through plenty of forestry, the

middle is like a moorland with the top like a desert! You will be trekking up on dirt tracks, across boulders and scrambling across rough walls and trails.

Climate

Temperatures on Kilimanjaro can vary dramatically, from 35°C in the plains below the mountain to -20°C at the summit (if you include the wind chill). Early mornings will immediately warm-up as soon as the sun rises and the days should be warm and bright. As soon as the sun sets, however, the temperature drops radically and it is often well below zero degrees. On the mountain, you will need strong UV protection as there is minimal shade as you start your ascent. Normally January and February are the driest and clearest months to climb. However, June through to late October and December are also good but you should expect a little more cloud around the rainforest zone. Whenever you climb, expect convection to send warm air from the hot plains below across the rainforest to precipitate at higher altitudes as rain, sleet, and snow. This happens on some, but not all, afternoons. Nights are usually clear and frosty, and mornings clear and sunny.

Leadership

We employ a number of Red Cross first aid qualified challenge guides, all of whom speak fluent English. When the guides first qualify they gain the Kili National Parks (KINAPA) award in first aid, which is basic but tough. All guides are also trained in incident management and challenge leadership. They will be ultimately responsible for the running of the itinerary and the safety of your group. The itinerary is there as a guide and may change due to unusual weather patterns, the strength of the group and so on. We will do our very best to keep to the set itinerary. However, we cannot be held responsible for any last minute changes that might occur. In all such circumstances, your challenge leader will have the final say.

Group Size

Each group is intended to be a minimum of 20 people in order to run and a maximum of 30 people. We will be able to run this challenge for 16 to 19 people, by charging a small group supplement of £75, which will be added to your final balance invoice (self funders) or charged to your charity (minimum sponsorship or flexi).

Insurance

It is a condition of booking that you have a suitable travel insurance policy whilst participating on the challenge. We have a special policy which covers among other things, medical (emergency, evacuation and repatriation) arrangements, cancellation and curtailment of the challenge, and more specifically for the adventurous activities undertaken on this challenge. If you have your own travel insurance policy, you must ensure that it provides at least the same level of cover as our recommended policy, including protecting the charity in the event of your cancellation 56 days or less prior to departure. If you choose not to purchase our recommended policy when you book we will send you a disclaimer which you should complete and return.

For more general travel insurance questions, please refer to our main FAQs page.

Flights

You will be flying overnight from London to Kilimanjaro airport, this will either be via Nairobi or Addis Ababa depending on the group flights. Your flight tickets will be issued to you upon departure at the airport. If for any reason we cannot get the connecting flight to Kilimanjaro airport you will be transferred overland from Nairobi to Arusha or Marangu, this transfer can take from 6-9hrs, depending on the road conditions. If you choose to book your own flights you must confirm with the Charity Challenge office before paying otherwise you may be liable for your included group flights (please contact flights@charitychallenge.com for further assistance). Please note that we are unable to arrange transfers between the hours of 21:00 and 06:00 due to safety issues, so please avoid flights that arrive during this period.

Vaccinations

For up to date vaccination information please check the NHS 'Fit for Travel' website: http://www.fitfortravel.nhs.uk/home.aspx. Although the Charity Challenge team are travel professionals, they are not medical experts and we would encourage you to visit your GP or travel nurse to discuss vaccination requirements.

Visa

Your full ten-year passport must have at least six months left to run from the end of the challenge. You will need a Single Entry Tourist Visa to enter Tanzania. 3 months prior to departure we will provide you with the necessary application form and details to apply. Allow two weeks to get the visa by post (it is strongly suggested that you also enclose a pre-paid special delivery envelope for the safe return of your passport with the visa). Alternatively you can obtain it, in person, at the Embassy. The visa is valid for three months and becomes valid from the date of issue so make sure you do not apply too early otherwise it will run out before you arrive in Tanzania.

Money

Currency: The Tanzania shilling is a soft currency and you cannot obtain shillings before leaving the UK. US dollars are accepted in most places and should be used in country. Tanzanian Shillings cannot be exported, therefore should be reconverted against your currency declaration form.

Exchange: The Bank of Tanzania performs all currency transfers; all other offers of currency exchange are illegal. There are also foreign exchange bureaus in most towns and cities where you can change cash or travellers' cheques at the prevailing free market exchange rate. The best currency is the dollar (US). For up to date currency exchange, go to: http://www.xe.com/

Credit cards: Major credit cards are sometimes accepted at larger hotels. Other than that their use is limited and are not generally accepted in restaurants, shops etc. Bring enough money and do not carry all your cash on you. Cash point machines, which allow the use of Visa & MasterCard etc with a PIN, can be found in Arusha and Marangu, but are rare in smaller towns.

Spending money: You will not need a large amount of money during this trip. Somewhere in the region of £250 in US dollars should be sufficient to cover presents, tips, drinks, and so on. Keep in mind that other than at the start and end of the challenge, you will be in the mountains away from any foreign exchanges or banks. We recommend that you carry cash.

Tips: We recommend in the region of $180US for the Kili team, and this should be given to the challenge leader at the end of the challenge, who will distribute it among the support team. If you do want to give one member of staff an extra tip, please also leave this until the end and allocate over and above the recommended tipping amount. Make sure you have plenty of smaller dollar bills for tipping at lodges and for drinks/meals. If you are going on the safari we recommend $25 per person for your guide/driver and then a small amount for lodge staff.

CHARITY CHALLENGE

Any more questions?

Contact us:

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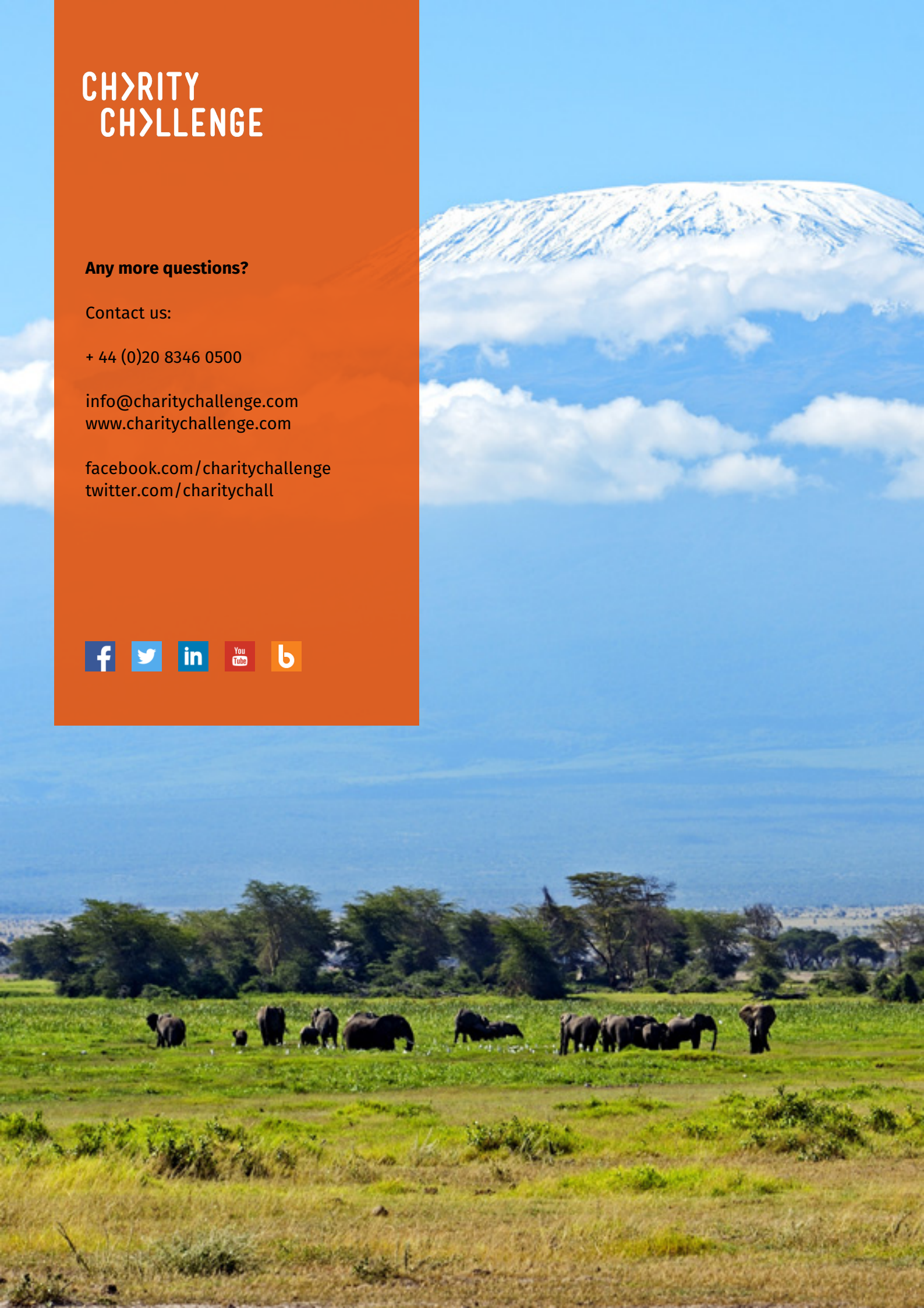
www.charitychallenge.com

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